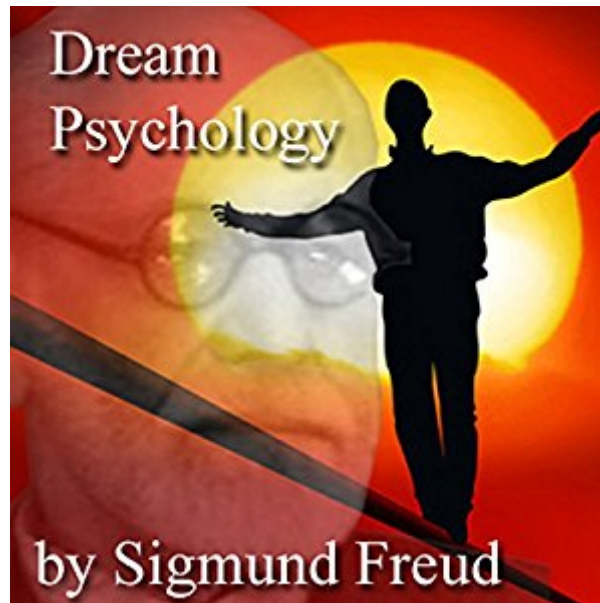




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Dream Psychology: Psychoanalysis For Beginners



Synopsis

In 1899 Freud wrote a revolutionary work in the new field of Psychoanalysis called, *The Interpretation of Dreams*. The book was so full of technical details and involved case studies, however, that ordinary people had great difficulty understanding it. Twenty-one years later, he published this shorter version. Dr. Andre Tridon, who wrote the introduction to the new book, explains it this way, "Freud himself, however, realized the magnitude of the task which the reading of his magnum opus imposed upon those who have not been prepared for it by long psychological and scientific training and he abstracted from that gigantic work the parts which constitute the essential of his discoveries. The publishers of the present book deserve credit for presenting to the reading public the gist of Freud's psychology in the master's own words, and in a form which shall neither discourage beginners, nor appear too elementary to those who are more advanced in psychoanalytic study. Dream psychology is the key to Freud's works and to all modern psychology. With a simple, compact manual such as *Dream Psychology*, there shall be no longer any excuse for ignorance of the most revolutionary psychological system of modern times."

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compact manual such as *Dream Psychology* there shall be no longer any excuse for ignorance of the most revolutionary psychological system of modern times.....Sigmund Freud's (1856-1939) attitude toward dream study was, in other words, that of a statistician who does not know, and has no means of foreseeing, what conclusions will be forced on him by the information he is gathering, but who is fully prepared to accept those unavoidable conclusions. This was indeed a novel way in psychology...Five facts of first magnitude were made obvious to the world by his interpretation of dreams. First of all, Freud pointed out a constant connection between some part of every dream and some detail of the dreamer's life during the previous waking state...Secondly, Freud, after studying the dreamer's life and modes of thought, after noting down all his mannerisms and the apparently insignificant details of his conduct which reveal his secret thoughts, came to the conclusion that there was in every dream the attempted or successful gratification of some wish, conscious or unconscious. Thirdly, he proved that many of our dream visions are symbolical, which causes us to consider them as absurd and unintelligible; the universality of those symbols, however, makes them very transparent to the trained observer.

Freud is the father of modern psychology and he established the psychoanalytical point of view. No one who is not well grounded in Freudian lore can hope to achieve any work of value in the field of psychoanalysis. The publishers of the present book deserve credit for presenting to the reading public the gist of Freud's psychology in the master's own words, and in a form which shall neither discourage beginners, nor appear too elementary to those who are more advanced in psychoanalytic study. Dream psychology is the key to Freud's works and to all modern psychology. Freud's theories are anything but theoretical. He was moved by the fact that there always seemed to be a close connection between his patients' dreams and their mental abnormalities, to collect thousands of dreams and to compare them with the case histories in his possession. He did not start out with a preconceived bias, hoping to find evidence which might support his views. He looked at facts a thousand times "until they began to tell him something." His attitude toward dream study was, in other words, that of a statistician who does not know, and has no means of foreseeing, what conclusions will be forced on him by the information he is gathering, but who is fully prepared to accept those unavoidable conclusions. This was indeed a novel way in psychology. Five facts of first magnitude were made obvious to the world by his interpretation of dreams. First of all, Freud pointed out a constant connection between some part of every dream and some detail of the dreamer's life during the previous waking state.

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